

WERNER H03310XS

ProForm F3 Full Body Harness

FEATURES

- Built in Relief Cord™ assist user to reach a gravity override seated position after a fall arrest
- Dual-Back pad system allows user to reposition the pad after a fall to reduce pressure on the clavicle
- Innovative roll down torso web keepers allow convenient storage of excess web
- SRL bumper protects lower back from contact when wearing personal SRL's
- Aluminum Cam Torso Adjuster provides easy adjustment for ultimate fit
- Polyester WebAlert™2 inspectable webbing now contains a weather-resistant coating

















FUNCTION | FIT | FREEDOM

SPECIFICATIONS

Model No.	Size	D-Rings	D-Ring Material	Chest Connection	Leg Connection	Capacity	Approx. Weight	Compliance Standards
H033101XS	Small	Back; Hip	Steel	Quick Connect	Quick Connect	425 lbs (193 kg)	6.5 lbs (2.9 kg)	ANSI Z359.11- 2021 OSHA 29 CFR 1910 & 1926
H033102XS	Medium/Large	Back; Hip	Steel	Quick Connect	Quick Connect	425 lbs (193 kg)	6.6 lbs (3.0 kg)	ANSI Z359.11- 2021 OSHA 29 CFR 1910 & 1926
H033104XS	X-Large	Back; Hip	Steel	Quick Connect	Quick Connect	425 lbs (193 kg)	6.8 lbs (3.1 kg)	ANSI Z359.11- 2021 OSHA 29 CFR 1910 & 1926
H033105XS	XX-Large	Back; Hip	Steel	Quick Connect	Quick Connect	425 lbs (193 kg)	6.9 lbs (3.1 kg)	ANSI Z359.11- 20210SHA 29 CFR 1910 & 1926

^{*}See User Instructions for more information.

WARNING: Compliant fall protection equipment must only be used as it was designed and adhere to the hierarchy of controls as discussed in ANSI Z359.2. Users MUST read and follow all user instructions provided with the product. Before using a fall arrest system, users must be trained in the safe use of the system, as required by OSHA 29 CFR 1910.30 and 1926.503, or local safety regulations. Misuse or failure to heed these warnings and instructions may result in injury or even death.

WORK SAFE! WORK SMART!

Technical Data Sheet